

Curriculum-based Intervention Resources For Prosocial Development of Children and Youth

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The resources below are curricula for teaching psychological skills-behavioral, emotional and social competencies for children and adolescents. They have been developed for use in an instructional framework, in the same way that materials are developed for other content areas in educational curricula such as reading, math, science or social studies. The resources are for use by practitioners including teachers, psychologists, social workers, or others including parents who work with challenging students in schools, agencies, or facilities. This list does not include text books or journal resources for training professionals.

This list is a sample of titles from more than seventy different publishers that are represented by the Behavioral Institute for Children and Adolescents and are available at discount prices through BICA. The publisher's catalog price and the BICA discount prices are posted by alphabetically title and alphabetically by publisher along with ordering and payment options on the BICA website. www.behavioralinstitute.org Note, prices are subject to change as the publishers update their catalogs.

The resources are listed in APA style reference format. To find more detailed information about each of these and other resources, visit the BICA website. Click on the bookstore link. Then click the publisher's catalog link. Enter the product by title or author for more detailed product information. Ask us for a quote on these titles.

Topic Sections

Foundations:

- Assessment
- Classroom Management
- Positive Behavior Support

Curricula for Teaching:

- Anger Management Training
- Bully Intervention/Prevention
- Conflict Mediation/Violence Prevention
- Cooperative Learning
- Empathy and Relationship Training
- Multiple Topic Curricula
- Problem Solving-Goal Setting
- Self-control Training
- Social Skills Training
- Stress and Feelings Management
- Working in Groups
- Games and other resources

Assessment

Assessment is the foundation for all prescriptive instruction/intervention. There are literally hundreds of assessment instruments available for use with students presenting challenging behavior. This list represents a sample of practical resources and tools that are easily related to behavioral and curriculum-based interventions for identifying skill deficiencies, linking assessment to intervention and progress monitoring. For more information about assessment resources and commercial assessment instruments contact BICA.

- Bateman, B. D. (2007). *From gobbledygook to clearly written annual IEP goals*. Verona, WI: Attainment Company, Inc.
- Braaten, S. (1998). *Behavioral Objective Sequence*. Champaign, IL: Research Press.
- Breem, M. J. & Fiedler, G. (2003). *Behavioral approach to assessment of youth with emotional/ behavioral disorders* (2nd ed.). Austin, TX: Pro-ed.
- Brown-Chidsy, R. (Ed.). (2005). *Assessment for intervention: A problem-solving approach*. New York, NY: The Guilford Press.
- Cautela, J. R. Catuela, J. & Esonis, S. (1983). *Forms for behavior analysis with children*. Champaign, IL: Research Press.
- Chafouleas, S., Riley-Tillman, T. C. & Sugai, G. (2007). *School-based behavioral assessment: Informing intervention and instruction*. New York, NY: The Guilford Press.
- Cohen, D. H., Stern, V., Balaban, N. & Grouper, N. (2008). *Observing and recording the behavior of young children* (5th ed.). New York, NY: Teachers College press.
- Dawson, P. & Guare, R. (2004). *Executive skills in children and adolescents: A practical guide to assessment and intervention*. New York, NY: The Guilford Press.
- Johnson, R. L., Penny, J. A. & Gordon, B. (2009). *Assessing performance: Designing, scoring, and validating performance tasks*. New York, NY: The Guilford Press.
- Johnston, T. C. (2010). *Data without tears: How to write measurable educational goals and collect meaningful data*. Champaign, IL: Research Press.
- Kaplan, J. S. (2000). *Beyond functional assessment: A social-cognitive approach to the evaluation of behavior problems in children and youth*. Austin, TX: Pro-ed.
- Lavelle, L. (1998). *Practical charts for managing behavior*. Austin, TX: Pro-ed.
- McClellan & Katz (2001) *Assessing Young Children's Social Competence* and McClellan & Katz (1993), *Young Children's Social Development: A Checklist*. Available free online from <http://www.illinoisearlylearning.org/faqs/socialcomp.htm>
- McConnell, K., Patton, R. r. & Polloway, E. A. (2006). *Behavioral intervention planning: A comprehensive guide for completing a functional behavioral assessment and developing a behavior intervention plan* (3rd ed.). Austin, TX: Pro-ed.
- McConnell, M. E., Cox, C. J., Thomas, D. D. & Hilvitz, P. B. (2001). *Functional behavioral assessment: A systematic process for assessment, and intervention in general and special education classrooms*. Denver, CO: Love Publishing Company.
- McDougal, J. L, Chafouleas, S. M. & Waterman, B. (2006). *Functional behavioral assessment and intervention in schools: A practitioners guide-grades 1-8*. Champaign, IL: Research Press.
- Murray-Slutsky, C. & Paris, B. A. (2005). *Is it sensory or is it behavior?: Behavior problem identification, assessment, and intervention*. Austin, TX: Hammill Institute on Disabilities.
- Nelson, J. R., Roberts, M. L. & Smith, D. J. (1998). *Conducting functional behavioral assessments: A practical guide*. [manual & summary analysis forms] Longmont, CO: Sopris West Educational Services.
- Pennington, B. F. (2009). *Diagnosing learning disorders: A neuropsychological framework* (2nd ed.). New York, NY: The Guildford Press.
- Pierangelo, R. & Giuliani, G. (2006). *The special educator's comprehensive guide to 301 diagnostic tests: Revised and Expanded ed*. San Francisco, CA: Jossey-Bass.
- Pierangelo, R. & Giuliani, G. (2007). *The educator's diagnostic manual of disabilities and disorders*. San Francisco, CA: Jossey-Bass.
- Reynolds, C. R. & Kamphaus, R. W. (Eds.). (2003). *Handbook of psychological & educational assessment of children: Personality, behavior, and context* (2nd ed). New York, NY: The Guilford Press.

- Steege, M. W. & Watson, T. S. (2009). *Conducting school-based functional behavioral assessment: A practitioner's guide* (2nd ed.). New York, NY: The Guilford Press.
- Sterba, M. & Dowd, T. (1998). *Treating youth with DSM-IV disorders: The role of social skill instruction*. Boys Town, NE: The Boys Town Press.
- Van Houten, R. & Vance Hall, R. (2001). *The measurement of behavior: Behavior modification*. Austin, TX: pro-ed.
- Walker, R. J. (2009). *Teacher's guide to functional behavioral assessment*. Thousand Oaks, CA: Corwin Press.
- Walvoord, B. E. (2004). *Assessment clear and simple: A practical guide for institutions, departments, and general education*. San Francisco, CA: Jossey-Bass.
- Watson, T. S. & Steege, M. W. (2003). *Conducting school-based functional behavioral assessments: A practitioner's guide*. New York, NY: The Guilford Press.
- Witt, J. C., Daly III, E. J. & Nowll, G. H. (2000). *Functional assessments: A step-by-step guide to solving academic and behavioral problems*. Longmont, CO: Sopris West Educational Services.
- Ysseldyke, J. & Christianson, C. (2002). *Functional assessment of academic behavior: Creating successful learning environments*. Longmont, CO: Sopris West Educational Services.

Classroom/Behavior Management

- Algozzine, B., Duanic, A. P., & Smith, S. W. (2010). *Preventing problem behaviors: Schoolwide programs and classroom practices* (2nd ed.). Thousand Oaks, CA: Corwin Press.
- Appelbaum, M. (2009). *How to handle the hard-to-handle student, K-5*. Thousand Oaks, CA: Corwin Press.
- Asher, M. J., Gordon, S. B., Selbst, M. C., & Cooperberg, M. (2010). *The behavior problems resource kit: Forms and procedures for identification, measurement, and intervention*. Champaign, IL: Research press.
- Bianco, A. (2002). *One-minute discipline: Classroom management strategies that work!* San Francisco, CA: Jossey-Bass.
- Bowman, T, Carr, K, Cooper, R. M. & Toner, T. (2007). *Innovative strategies for unlocking difficult children [grades k-6] / adolescent [grades 7-12]* (2nd ed.). Chapin, SC: Youth Light Inc.
- Canter, L. (2006). *Lee Canter's Classroom management for academic success*. Bloomington, IN: Solution Tree.
- Colvin, G. (2009). *Managing noncompliance and defiance in the classroom: A Roadmap for teachers, specialists, and behavior support teams*. Thousand Oaks, CA: Corwin.
- Colvin, G. (2007). *7 steps for developing a proactive schoolwide discipline plan*. Thousand Oaks, CA: Corwin.
- Colvin, G. (2004). *Managing the cycle of acting-out behavior in the classroom*. Eugene, OR: Behavior Associates.
- Colvin, G, & Lazar, M. (1997). *The effective elementary classroom: Managing for success*. Longmont, CO: Sopris West, Inc.
- Craig, S. E. (2008). *Reaching and teaching children who hurt: Strategies for your classroom*. Baltimore, MD: Paul H. Brookes Publishing Company.
- DeRisi, W. J. & Butz, G. (1975). *Writing behavioral contracts: a case simulation practice manual*. Champaign, IL: Research Press.
- Father Flanagan's Boy's Home (1995). *The well-managed classroom: Promoting student success through social skill instruction*. Boys Town, NE: The Boys Town Press.
- Haag, K., Kasper, K., Kryst, E. D. & Young, E. (1995). *Common solutions for the uncommon child*. Indianapolis, IN: Kids Rights.
- Hall, P. S. & Hall, N. D. (2003). *Educating oppositional and defiant children*. Alexandria, VA: Association for Curriculum and Supervision Development.
- Huggins, P. (1997). *Creating a caring classroom* (2nd ed.). Longmont, CO: Sopris West, Inc.
- Hunter, D. (2007). *How to reach defiant, resistant, disrespectful students through Native American teachings. [grades k-6; grades 6-12]* Chapin, SC: Youth Light Inc.
- Kottler, J. A. & Kottler, E. (2009). *Students who drive you crazy: Succeeding with resistant, unmotivated, and otherwise difficult young people* (2nd ed.). Thousand Oaks, CA: Corwin Press.

- Knoster, T. (2008). *The teacher's pocket guide for effective classroom management*. Baltimore, MD: Paul H. Brookes Publishing Company.
- Maag, J. W. (2001). *Powerful struggles: Managing resistance, building rapport*. Longmont, Co: Sopris West Educational Services.
- Marzano, R. J. (2003). *Classroom management that works: Research-based strategies for every teacher*. Alexandria, VA: ASCD.
- Mendler, A. N. (1997). *Power struggles: Successful techniques for educators*. Rochester, NY: Discipline Associates.
- Mendler, A. N. (2000). *Motivating students who don't care: Successful techniques for educators*. Bloomington, IN: Solution Tree.
- Mendler, A. N. (2005). *Just in time: Powerful strategies to promote positive behavior*. Bloomington, IN: Solution Tree.
- Mendler, B. D., Curwin, R. L. & Mendler, A. N. (2008). *Strategies for successful classroom management: Helping students succeed without losing your dignity or sanity*. Thousand Oaks, CA: Corwin Press.
- Olive, E. (2007). *Positive behavior facilitation: Understanding and intervening in the behavior of youth*. Champaign, IL: Research Press.
- Rhode, G., Jensen, W. R. & Reavis, H. K. (1993). *The tough kid book*. Longmont, Co: Sopris West Educational Services.
- Rhode, G., Jensen, W. R. & Reavis, H. K. (1992). *The tough kid toolbox*. Longmont, CO: Sopris West Educational Services.
- Panico, A. (2009). *Behave yourself!: Helping students plan to do better*. Bloomington, IN: Solution Tree.
- Pardue, C. H. (2007). *Interventions for in-school suspension*. Chapin, SC: Youth Light Inc.
- Pierangelo, R. & Giuliani, G. A. (2000). *Why your students do what they do and what to do when they do it: A practical guide for understanding classroom behavior*. [Grades K-5, 6-12] Champaign, IL: Research Press
- Pierangelo, R. & Giuliani, G. A. (2008). *Classroom management for students with emotional and behavioral disorders: A step-by-step guide for educators*. Thousand Oaks, CA: Corwin Press.
- Phillips, V. (1998). *Empowering discipline: An approach that works with at-risk students*. Carmel Valley, CA: Personal Development Publishing.
- Pierangelo, R. & Giuliani, G. A. (2002). *Creating confident children: Using positive restructuring in your classroom*. Champaign, IL: Research Press
- Quinn, M. M., Osher, D., Warger, C. L., Hanley, T., Bader, B. D. & Hoffman, C. C. (2000). *Teaching and working with children who have emotional and behavioral challenges*. Longmont, CO: Sopris West Educational Services.
- Shore, K. (2003). *Elementary teacher's discipline problem solver: A practical A-Z guide for managing classroom behavior problems*. San Francisco, CA: Jossey-Bass,
- Selig, W. G. & Arroyo, A. A. (1995). *Handbook of individualized strategies for classroom discipline*. Los Angeles, CA: Western Psychological Services.
- Smith-Rex, S. J. & Rex, J. H. (2007). *101 creative strategies for reaching unmotivated student learners: A practical resource of approaches and activities for helping unmotivated, discouraged and/or disruptive students (grades 2-8)*. Chapin, SC: Youth Light Inc.
- Sprick, R. S. (2006). *Discipline in the secondary classroom: A positive approach to behavior management* (2nd ed.). San Francisco, CA: Jossey-Bass.
- Sprick R. S., Garrison, M. & Howard, L. M. (1998). *Champs: A proactive approach to classroom management*. Eugene, OR: Pacific Northwest Publishing.
- Sprick R. S. & Howard, L. M. (1998). *The teacher's Encyclopedia of behavior management: 100 problems/500 plans*. Eugene, OR: Pacific Northwest Publishing.
- Watson, G. (1998). *Classroom discipline problem solver: Ready-to-use techniques & materials for managing all kinds of behavior problems*. San Francisco, CA: Jossey-Bass.
- Watson, M. (2003). *Learning to trust: Transforming difficult elementary classrooms through developmental discipline*. San Francisco, CA: Jossey-Bass.
- Watson Purkey, W. (2006). *Teaching class clowns (and what they can teach us)*. Thousand Oaks, CA: Corwin Press.

- Waller, R. J. (2008). *The educator's guide to solving common behavior problems*. Thousand Oaks, CA: Corwin Press.
- Whyte, D. (2008). *You can't teach a class you can't manage: k-3*. Peterborough, NH: Crystal Springs Books.
- Young, G. G. (2008). *Promoting positive behaviors: An elementary principal's guide to structuring the learning environment*. Thousand Oaks, CA: Corwin Press and National Association of Elementary School Principals.

Positive Behavior Support (PBS/PBIS)

- Bambara, L. M. & Kern, L. (2005). *Individualized supports for students with problem behaviors: Designing positive behavior plans*. New York, NY: The Guilford Press.
- Crimmins, D., Farrell, A. F., Smith, P. W. & Bailey, A. (2007). *Positive strategies for students with behavior problems*. Baltimore, MD: Paul H. Brooks Publishing Co.
- Crone, D. A. & Horner, R. H. (2003). *Building positive behavior support systems in schools: Functional behavioral assessment*. New York, NY: The Guilford Press.
- Crone, D. A., Horner, R. H. & Hawken, L. S. (2004). *Responding to problem behavior in schools: The behavior education program*. New York, NY: The Guilford Press.
- Dunlap, G., Lovannone, R., Kincaid, D., Wilson, K., Christiansen, K., Strain, P. & English, C. (2010). *Prevent teach reinforce: The school-based model of individualized positive behavior support*. Baltimore, MD: Paul H. Books Publishing Co.
- Golly, A. (2006). *Five universal principles of positive behavior support: And story of my life*. Verona, WI: IEP Resources.
- Hieneman, M., Childs, K. & Sergay, J. (2006). *Parenting with positive behavior support: A practical guide to resolving your child's difficult behavior*. Baltimore, MD: Paul H. Brookes Publishing Co.
- Jackson, L. & Veeneman Panyan, M. (2002). *Positive behavioral support in the classroom: Principles and practices*. Baltimore, MD: Paul H. Brooks Publishing Co.
- Janney, R. & Snell, M. E. (2008). *Teacher's guide to inclusive practices: Behavior support (2nd ed.)*. Baltimore, MD: Paul H. Brookes Publishing Co.
- Jackson, L. & Panyan, M. V. (2002). *Positive behavior support in the classroom: Principles and practices*. Baltimore, MD: Paul H. Brooks Publishing Co.
- Lane, K. L., Kalberg, J. R. & Menzies, H. M. (2009). *Developing schoolwide programs to prevent and manage problem behaviors: A step-by-step approach*. New York, NY: The Guilford Press.
- Stormont, M., Lewis, T. J., Beckner, R. & Johnson, N. W. (2008). *Implementing positive behavior support systems in early childhood and elementary settings*. Thousand Oaks, CA: Corwin Press.

Anger Management Training

- Attwood, T. (2004). *Exploring feelings: Cognitive behaviour therapy to manage anger*. Arlington, TX: Future Horizons.
- Berg, B. (2007). *The anger control workbook: Exercises to develop anger control skills*. Los Angeles, CA: Creative Therapy Store.
- Carr, T. (2007). *131 Creative strategies for reaching children with anger problems*. Chapin, SC: Youth Light Inc.
- Carr, T. (2010). *141 Creative strategies for reaching adolescents with anger problems*. Chapin, SC: Youth Light Inc.
- Crist, J. J. (2008). *Mad: How to deal with your anger and get respect. A guide for teens*. Minneapolis, MN: Free Spirit Publishing.
- Eggert, L. L. (1994). *Anger management for youth: Stemming aggression and violence*. Bloomington, IN: Solution Tree.

- Fitzell, S. G. (2007). *Transforming anger to personal power: An anger management curriculum for grades 6-12*. Champaign, IL: Research Press.
- Huggins, P. (2005). *Helping kids handle anger: Teaching self-control* (2nd ed.). Longmont, CO: Sopris West Educational Services.
- Kellner, M. H. (2001). *In control: a skill-building program for teaching adolescents to manage anger*. Champaign, IL: Research Press.
- Kellner, M. H. (2003). *Staying in control: Anger management skills for parents of young adolescents*. Champaign, IL: Research Press.
- Larson, J. & Lochman, J. E. (2002). *Helping schoolchildren cope with anger: A cognitive-behavioral intervention*. New York, NY: The Guilford Press.
- Lomann, R. C. (2009). *The anger management workbook for teens*. Oakland, CA: New Harbinger Publications, Inc.
- McFadden, A. T. & Cooper, K. (2007). *Leave no angry child behind: The abc's of anger management for grades K-12 160 quick tips and strategies*. Chapin, SC: Youth Light Inc.
- Nightingale, K. & Walter, N. L. (2005). *Seemor's flight to freedom: A book about teasing and anger control*. Chapin, SC: Youth Light Inc.
- Pearson, K. (2002). *Temper tamers: an eight-session anger management program*. Verona, WI: IEP Resources.
- Pearson, K. (2006). *Temper tamers: a reader for adolescents*. Verona, WI: Attainment Company, Inc.
- Simmonds, J. (2003). *Seeing red: An anger management and peacemaking curriculum of kids*. Gabriola Island, BC [CA] New Society Publishers.
- Schader, K. (2006). *You decide about handling your anger*. [workbook and reader set] Woodbury, NY: Childsworld/Childsplay.
- Shapiro, L. E. (2006). *What's do bad about being mad?* [the student reader] Woodbury, NY: Childsworld/Childsplay.
- Schab, L. M. (2001). *The anger solution workbook*. Woodbury, NY: Childsworld/Childsplay.
- Shapiro, L. E., Pelta-Heller, Z. & Greenwald, A. F. (2008). *I'm not bad, I'm just mad: A workbook to help kids control their anger*. Oakland, CA: New Harbinger Publications, Inc.
- Stewart, J. (2002). *The anger workout book for teens: Ready-to-use lessons and reproducibles*. Austin, TX: Pro-ed.
- Verdick, E. & Lisovskis, M. (2003). *How to take the grrrrrr out of anger*. Minneapolis, MN: Free Spirit Publishing.
- Zuckerman, D. & Sabdek, J. (2000). *Christopher's anger*. Los Angeles, CA: Western Psychological Services.

Bully Intervention/Prevention

- Bean, A. L. (1999). *The bully free classroom: over 100 tips and strategies for teachers K-8*. Minneapolis, MN: Free Spirit Publishing.
- Bean, A. L. (1999). *A mini-guide for elementary school students: Together we can be bully free*. Minneapolis, MN: Free Spirit Publishing.
- Boatwright, B. H., Mathis, T. A. & Smith-Rex, S. J. (1998). *Getting equipped to stop bullying: A kids survival kit for understanding and coping with violence in the schools*. Minneapolis, MN: Educational Media Corporation.
- Davis, S. & Davis, J. (2007). *Empowering bystanders in bullying prevention: Grades K-8*. Champaign, IL: Research Press.
- Davis, S. & Davis, J. (2007). *Schools where everyone belongs: Practical strategies for reducing bullying* (2nd ed.). Champaign, IL: Research Press.
- Fox, D. & Beane, A. L. (2009). *Good-bye bullying machine*. Minneapolis, MN: Free Spirit Publishing.
- Horne, A. M., Stoddard, J. L. & Bell, C. D. (2008). *A parents guide to understanding and responding to bullying: The bully buster's approach*. Champaign, IL: Research Press.
- Hover, J. H. & Oliver, R. (2008). *The bully prevention handbook: A guide for principals, teachers, and counselors* (2nd ed.). Bloomington, IN: Solution Tree.

- Hover, J. H. & Olsen, G. W. (2001). *Teasing and harassment: The frames and scripts approach for teachers and parents*. Bloomington, IN: Solution Tree.
- Mathews, D. J. (2002). *101 support group activities for teenagers who bully: A leaders manual for secondary educators and other professionals*. Center City, MN: Hazelden Foundation.
- Mathews, D. J. (2002). *101 support group activities for teenagers who are targets of bullies: A leaders manual for secondary educators and other professionals*. Center City, MN: Hazelden Foundation.
- Newman, D. A., Horne, A. M. & Bartolomucci, C. L. (2000). *Bully busters: A teacher's manual for helping bullies, victims, and bystanders*. Champaign, IL: Research Press.
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- Palomares, S. & Schilling, D. (2001). *How to handle a bully*. Torrance, CA: Innerchoice Publishing.
- Romain, T. (1997). *Bullies are a pain in the brain*. Minneapolis, MN: Free Spirit Publishing.
- Shore, K. (2005). *The ABC's of bully prevention: A comprehensive approach*. Port Chester, NY: Dude Publishing.
- Sprague, S. (2008). *Coping with cliques: A workbook to help girls deal with gossip, put-downs, bullying & other mean behavior*. Oakland, CA: New Harbinger Publications, Inc.
- Willard, N. E. (2007). *Cyberbullying and cyberthreats: Responding to the challenge of online social aggression, threats, and distress*. Champaign, IL: Research Press.
- Sopris West Educational Services: Bully Proofing Series
- Garrity, C., Jens, K., Porter, W. Sager, N. W. & Short-Camilli, C. (2004) *Bully-proofing your school: A comprehensive approach for elementary schools (3rd ed.)* [set-teachers manual & lesson plans, working with victims and bullies, administrative guide to staff development.
 - Bonds, M. & Stoker, S. (2000). *Bully proofing your school: A comprehensive approach for middle schools*.
 - Garrity, C., Baris, M. & Porter, W. (2000). *Bully proofing your child: A parents guide*.
 - Garrity, C., Baris, M. & Porter, W. (2000). *Bully proofing your child: First aid for hurt feelings*.
 - McCarnes, K., Nelson, K. I. & Sager, N. W. (2005). *Bully-proofing in early childhood: Building a caring community*.

Conflict Mediation-Violence Prevention

- Anda, D. (2007). *Violence prevention for adolescents: A cognitive-behavioral program for creating a positive school climate*. [leaders manual and student workbook] Champaign, IL: Research Press.
- Bender, W. N., Clinton, G. & Bender, R. L. (1999). *Violence prevention and reduction in schools*. Austin, TX: Pro-ed.
- Bodine, R. J., Crawford, D. K. & Schrumpt, F. (2002). *Creating the Peaceable school: A comprehensive program for teaching conflict resolution*. Champaign, IL: Research Press.
- Bodine, R. J. & Crawford, D. K. (1999). *Developing emotional intelligence: A guide to behavior management and conflict resolution in schools*. Champaign, IL: Research Press.
- Bodine, R. J., Crawford, D. K. & Schrumpt, F. (2002). *Creating the peacable school: A comprehensive program for teaching conflict resolution (2nd ed.)*. [Program Guide and Student Manual] Champaign, IL: Research Press.
- Canter, R., Kivel, P. & Creighton, A. (1997). *Days of respect: Organizing a school-wide violence prevention program*. Oakland, CA: Hunter House Publishers.
- Curwin, R. L. & Mendler, A. N. (1997). *As tough as necessary: countering violence, aggression, and hostility in our schools*. Alexandria, VA: Association for Supervision and Curriculum Development.
- de Anda, D. (2007). *Violence prevention for adolescents: A cognitive-behavioral program for creating a positive school climate*. Champaign, IL: Research Press.
- Drew, N. (2004). *Working out conflicts: How to keep cool, stay safe, and get along*. [Leader's Guide & Kid's Guide]. Minneapolis, MN: Free Spirit Publishing Inc.
- Drew, N. (1995). *Learning the skills of peacemaking: A K-6 activity guide on resolving conflict, communicating, cooperating*. Revised ed. Austin, TX: Pro-ed.

- Guerra, N. G., Moore, A. & Slaby, R. G. (1995). *Viewpoints : A guide to conflict resolution and decision making for adolescents*. [teachers guide and student manual]. Champaign, IL: Research Press.
- Kivel, P. & Creighton, A. (1997). *Making the peace: A 15 session violence prevention curriculum for young people*. Oakland, CA: Hunter House Publishers.
- Kupkovits, J. (2008). *Relational Aggression in girls: A prevention and intervention curriculum with activities and lessons for small groups and classrooms*. Chapin, SC: Youth Light Inc.
- Levine, D. A. (2005). *Teaching empathy: A blueprint for caring, compassion, and community*. Bloomington, IN: Solution Tree.
- Mason, E. & Dobreer, P. (2008). *64 ways to practice nonviolence: Curriculum and resource guide*. Austin, TX: Pro-ed.
- Osher, D., Dwyer, K. & Jackson, S. (2004). *Safe, supportive and successful schools: Step by step*. Longmont, CO: Sopris West.
- Schrumpf, F., Crawford, D. K. & Bodine, R. J. (1997). *Peer mediation: Conflict resolution in schools (rev. ed.)*. [Program Guide & Student Manual] Champaign, IL: Research Press.
- Shapiro, J. P. (2003). *Peacemakers: A violence prevention program*. Bloomington, IN: Solution Tree.
- Vasquez, H. Myhand, M. N. & Creighton, A. (2003). *Making allies, making friends: A curriculum for making the peace in the middle school*. Oakland, CA: Hunter House Publications.
- Weltmann Bergun, R & Huml, F. J. (Eds). (1998). *Ready-to-use violence prevention skills lessons and activities for secondary students*. San Francisco, CA: Jossey-Bass.

Cooperative Learning

- Ashton, M. & Varga, L. (1993). *101 games for groups*. Austin, TX: Pro-ed.
- Badegruber, B. (2005). *101 life skill games for children: Learning, growing, getting along (ages 6-12)*. Alameda, CA: Hunter House.
- Badegruber, B. (2006). *101 more life skill games for children: Learning, growing, getting along (ages 9-15)*. Alameda, CA: Hunter House.
- Bordessa, K. (2006). *Team challenges: 170+ group activities to build cooperation, communication, and creativity*. Chicago, IL: Zephyr Press.
- Huggins, P. (1997). *Teaching cooperation skills (2nd ed.)*. Longmont, CO: Sopris West Educational Services.

Empathy and Relationship Training

- Ahlbrand, G. & Ahlbrand, S. (2002). *Boy v. girl: How gender shapes who we are, what we want, and how to get along*. Minneapolis, MN: Free Spirit Publishing.
- Caselman, T. (2007). *Teaching children empathy: The social emotion*. Chapin, SC: Youth Light Inc.
- Cranshaw, F. (1997). *Bearing up: Teddy bears as catalysts in caring relationships*. Minneapolis, MN: Educational Media Corporation.
- Frank, K. & Smith-Rex, S.J. (1997). *Getting with it: A kid's guide to forming good relationships and "fitting in"*. Minneapolis, MN: Educational Media Corporation.
- Levine, D. A. (2005). *Teaching empathy: A blueprint for caring, compassion, and community*. Bloomington, IN: Solution Tree.
- Myrick, R. D. & Bowman, R. P. (2004). *Becoming a friendly helper: A handbook for student facilitators, Rev. ed.* Minneapolis, MN: Educational Media Corporation.
- Myrick, R. D. & Bowman, R. P. (1991). *Children helping children: Teaching students to become friendly helpers*. Minneapolis, MN: Educational Media Corporation.
- Painter, C. (2003). *Friends helping friends: A handbook for helpers (2nd ed.)*. Minneapolis, MN: Educational Media Corporation.
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Stress and Feelings Management

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Working in Groups

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- Cox, P. B. & Criswell, F. O. (2005). *Therapeutic interventions using non-therapeutic games: Behavior basics for K-8*. Chapin, SC: Youth Light Inc.
- Hunter, D. (2007). *How to reach defiant, resistant, disrespectful students through Native American teachings: Grades K-6*. Chapin, SC: Youth Light Inc.
- Jackson, T. (2002). *Conducting group discussions with kids: A leader's guide for making activities meaningful*. Cedar City, UT: Red Rock Publishing.
- Karns, M. (1994). *How to create positive relationships with students: A handbook of group activities and teaching strategies*. Champaign, IL: Research Press.
- Olson, C. (2000). *Energizers: Calisthenics for the mind*. Minneapolis, MN: Educational Media Corporation.
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- Peterson, J. S. (2007). *The essential guide to talking with teens: Ready-to-use discussions for school and youth groups*. Minneapolis, MN: Free Spirit Publishing.
- Foster, E. S. (1998). *Energizers and icebreakers for all ages and stages: Book I*. Minneapolis, MN: Educational Media Corporation.
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- Taylor, J. V. & Trice-Black, S. (2007). *Girls in real life situations: Group counseling activities for enhancing social and emotional development Grades 6-12*. Champaign, IL: Research Press.
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Games and Other Resources

Books

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Board Games

Board Games from Franklin Learning Systems, Westport, CT

Elementary level titles

Boundaries Baseball	understanding respect boundaries
Bridge Over Worried Waters	skills to address fears and anxiety
Bullies to Buddies	bullying / violence reduction
Career Challenge	learn about wide range of careers
Character Circles	character education
Circle of Respect	ability to show respect
Clear Thinking	problem solving
Conflict Busters	conflict resolution
Count on Me	being responsible
Escape from Anger Island	anger control / violence reduction
Feelings Fair	feelings
Focus	stay on task
Friendship Island	social skills
Furious Fred	anger control / violence reduction
Join My Group	cooperative learning
Journey to Friendsville	social skills
Listening Counts	listening skills
One Step at a Time	cooperation and decision making
Safety Island	personal safety
Smart and Angry	anger control / violence reduction
Splitsville	dealing with parents divorce
Teacher of the Year	play role of prestigious teacher
True Friends	social skills

Winning at Loss dealing with grief

Middle/High School level titles

A Day in the Life	communication skills to handle problems
Block the Bully Cycle	bullying
Breaking the Chains of Anger	practical anger control skills
Bully Busters	bullying / violence reduction
Bully Safe	bullying / violence reduction
Call Me Capable	empathy and understanding of disabilities
Career Odyssey	explore careers that match interests
Common Ground	conflict resolution
Cyber Safe	safety
Equipped for Life	responsibility
Ethics on the Job	ethical behavior
From Rage to Reason	anger control
Intelligent Anger	anger control
Interview Challenge	interviewing skills
Join My Group	cooperative learning
Out of Your Mind	knowing what is really important
Meeting of the Minds	conflict resolution
Putting Words to Work	communication skills
Remote Control Anger	anger control skills
Team Power	team work
The Impulse Control Game	manage impulsive behaviors
The Respectful Workplace	employee skills
True Friends	social skills
Real Friends	social skills
You're the Boss	job success

Dominoes games from Franklin Learning Systems, Westport, CT

[Grades 1-5] Anger control; Impulse Control; Cyber Smart; Bully Wise; Empathy Counts; Feelings; Friendship

From Childsworld/Childsplay an imprint of Guidance Group. Woodbury, NY

(1998) *Talking tools manual: A collection of ten counseling games* [ages 5-10]

(1999) *Circle of friends* [ages 5-12]

(2001). *Your Journey through the Land of Feelings* [ages 5-12]

(2006). *The Saying Goodbye Game: A Game that Helps Kids Understand and Cope with Death* [ages 6-22].

(2007) *Dr. Playwell's Best behavior game* [ages 6-12]

(2007) *Dr. Playwell's Think positive game* [ages 6-12]

(2007) *Dr. Playwell's Don't stress game* [ages 6-12]

From the Creative Therapy Store an imprint of Western Psychological Services, Los Angeles, CA;

Barden, L. M. (nd). *The peace path.*

Berg, B. (2004). *The anger control game.*

Berg, B. (nd). *The bullying game.*

Berg, B. (nd). *The Classroom Survival Game.*

Berg, B. (2005). *The conduct management game.*

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- Mitlin, M. (2006). *Emotional bingo*.
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- Nass, M. (2008). *One of a kind: A self-esteem card game*.
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Other Sources

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Board Games from PCI Education

- Crissey, P. (2005). *Real-world social skills*. San Antonio, TX: PCI Education.
- Crissey, P. (2006). *Taking charge of my behavior*. San Antonio, TX: PCI Education.
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Card Games

- Attainment Company Inc. (2003). *Know the code at school: social skills card games*. Verona, WI: Author.
- Childsworke/Childsplay. (1995). *ADHD self-control problem-solving cards*. Wilkes-Barre, PA: Author.
- Creative Therapy Store (1998). *My ups and downs*. Los Angeles, CA: Author.
- Creative Therapy (nd) *The Feelings Playing Cards*. Ten different games to play with one card deck. Los Angeles, CA: Author.
- Ness, M. (2004). *Stop that angry thought*. Los Angeles, CA: Creative Therapy Store.
- Nass, M. (2008). *One of a kind: A self-esteem card game*. Los Angeles, CA: Creative Therapy Store.
- Nass, M. & Nass, M. (nd) *What do you stand for?* Minneapolis, MN: Free Spirit Publications.
- Talicaor (2006). *Out of control*. Plainwell, MI: Author.
- Wellness Reproductions and Publishing. (2005). *Dear Jess, I'm stressed*. [middle school, high school versions]
Plainview, NY: Author.
- Youth Light Inc. (nd). *Girl games: Five fun games that teach important social skills (grades 5-12)*. Chapin, SC: Author.
- Wellness Reproductions and Publishing: an imprint of The Guidance Group,
Dear Jess, I'm Stressed [middle and high school versions]
Self-esteem program cards
Managing your anger situations [middle and high school versions]
Making and keeping friends [middle and high school versions]

Music

- MacMannis, D. R. (2007). *Ready to rock kids: volume 1*. Minneapolis, MN: Free Spirit Publishing Inc.
Songs with activities for social development- ages 4-9
- MacMannis, D. R. (2007). *Ready to rock kids: volume 2*. Minneapolis, MN: Free Spirit Publishing Inc.
Songs with activities for social development- ages 4-9.
- MacMannis, D. R. (2009). *Ready to rock kids: volume 3*. Minneapolis, MN: Free Spirit Publishing Inc.
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Software

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Attainment's *Social Skills at School*. Verona, WI: Attainment Company, Inc. Author.

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